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## **CHANGING AND LEARNING: a fact of life**

The changing and learning aspect of learning is characterized by a sense of one's self as someone who uses what they learn to change the way they go about their daily life over time; understanding that learning is itself learned. The opposite is being 'stuck in a rut', static, with no apparent recognition of the power of new knowledge and the opportunity it presents. We could almost treat low scoring participants as those who have yet to discover learning ... and thus, the role that interventions must be called upon to play is not only pertinent but urgent. These are people who tend to believe that their *Learning Power* is fixed and that any difficulties that confront them will only serve to reveal their limitations.

### **Students who have a changing and learning mindset**

- display a positive approach to learning;

- have already regarded learning as a positive part of everyday life;
- are on the look-out for new learning opportunities;
- accept personal responsibility for their learning;
- takes charge of their learning and are self-reliant;
- believe in their capacity to change;
- have a well-developed sense of hope and aspiration.

**Changing and Learning** is a little bit different from the other 6 learning dimensions. It both informs and influences, and is informed and influenced by, how we perceive and use all of the other dimensions in concert. It is the result, and the necessary condition, for the truly effective use of *Learning Power*.

Using and improving the use of the other 6 dimensions of Learning Power has a powerful, positive effect on Changing and Learning. As students improve and find benefit from other aspects of learning so their mindset and their capacity for changing the habits and behaviors that govern the way that they live their lives can improve too.

**Changing and learning powers and draws power from the other dimensions.**